



UNITY

What is UNITY?

UNITY is the state or fact of being united or combined into one, as of the parts of a whole.

UNITY is a oneness of mind, feeling, etc., as among a number of persons.

UNITY is the absence of diversity; having unvaried or uniform character.

Why is UNITY important?

UNITY is the character trait that ties all the previously discussed together.

Team **unity** exists in business and sports alike. It is used to reach a common goal: success. The success factor, however, depends on how well a team can coexist and the effectiveness of the factors that can help achieve that. Those factors are the character traits we have discussed this season, and how well they are put into action by you.

*"Every team requires **unity**. A team has to move as one unit, one force. If the team doesn't do this, it goes down in defeat. You win or lose as a team, as a family." – Jack Kemp, football player*

Examples of UNITY

The body is a unit, though it is made up of many parts; and though all its parts are many, they form one body (a unit). Similarly, a team is made up of many positions, each with their own responsibility. If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it. Similarly, if some positions perform poorly, the team suffers. When positions are played well, there is success, winning and celebration.

What is the opposite of UNITY?

Diversity and difference are the opposite of unity. Where there is diversity in a team, there is no cohesion. Diversity among team members can lead to differences of opinion and not working towards the same goal, success.

Watch your thoughts; they become words. Watch your words; they become actions.
Watch your actions; they become habits. Watch your habits; they become character.
Watch your character, for it becomes your destiny!!!